



## Blue Jeans and Rubber Boots

*By Susan Schaefer*

### Making a Difference

Having lost four significant people in my life lately, I can't help but reflect on my own life. How have I made a difference? What can I do in the next stage of my life that will make a difference ?

I try to live my life each day, with intent. Sometimes it is difficult when I am always looking ahead, working on the next several editions and applying for art shows that are three years out.

I have a clipping on my bulletin boards that brings most everything into perspective for me. Sometimes I just need a reminder. It goes like this...

"What is my purpose in life?" I asked the void.

"What if I told you that you fulfilled it when you took an extra hour to talk to that kid about his life?" said the voice.

"Or when you paid for that young couple in the restaurant? Or when you tied your father's shoes for him?"

"Your problem is that you equate your purpose with goal-based achievement. The Universe isn't interested in your achievements...just your heart. When you choose to act out of kindness, compassion and love, you are already aligned with your true purpose.

No need to look any further!"

source: Artist Quote of the Day

As artists we are often programmed for achievements. We enter competitions in hope of being recognized. We strive to have those letters behind our names. We push ourselves and we look for that pat on our back as someone says 'good job'!

All we have to do is to be true to ourselves and be kind to our neighbours, strangers, and ourselves Be kind to the environment and plant some bee and butterfly friendly flowers.

Love your life and do things that make you happy.

It's kinda simple...don't you think?

